

ACTIVITY REPORT

SLRCS Galle Branch

Boat Riding & water Rescue Training / Galle / 09th – 12th July 2013

With the aim of building disaster response capacity of Volunteers and other partners involved in emergency situations, Sri Lanka Red Cross Society Galle Branch initiated a boat riding and water rescue training program early in 2012. After successful completion of 04 programs, the fifth training program was conducted for 25 participants on 09th – 12th July 2013 at Bentota Red Cross



Training Academy of Galle Branch with the financial support of **ICRC EPR**.

With the request of Galle Branch, our sister branch, Kalutara, sent five volunteers to be trained in boat riding and water rescue. Rest of the participants was from District Disaster management Center – Galle, and divisional members of Galle Branch.

The training program was commenced by 1.30pm

on 09th July 2013 after the arrival of all participants as scheduled and the training program was completed at 3.00pm on 12th July.

The opening ceremony was conducted with the participation of Hon. Chairman Galle Branch, District Committee members, representatives from Bentota Police and facilitators of the training. Addressing the participants, Hon. Chairman of Galle Branch explained the concept of this training program and its importance.

After the opening ceremony, participants were divided into groups and participants



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introduction were done. As usual this was conducted in a participatory way. The participants were aware about the training instructions, rules and regulations of the training and schedule of the program. The participants were divided into four groups and the groups were given names. The accommodation was organized in tents to make a disaster like situation during the training.

The training started with a physical training session every morning. Following topics were covered during the training.

- *History of boats, boat building materials, boat shapes and part of a boat.*
- *How to carry and install an outboard engine on a boat.*
- *How to prepare the fuel/ oil mixture and fill the tanks.*
- *Checking and finer points on and before starting off i.e weighing anchor.*
- *Expected drawbacks or things that can go wrong and the possible causes.*
- *Trouble Shooting:-*
 - a) *Cleaning and changing plugs.*
 - b) *Cleaning the carburetor & adjusting petrol flow.*
 - c) *Checking and restoring the current line.*
 - d) *Restoring a blocked cooling water line.*
 - e) *Replacing a damage propeller.*
 - f) *Starting the engine using a rope around the fly wheel.*
- *Basic navigation rules.*
- *Judging the boating area and choosing paths.*
 - a) *How to operate in unknown waters.*
 - b) *How to make a landing.*
- *Good maintenance habits.*
- *How to prepare and keep an engine in storage.*



Trouble shooting of engines – The make of engine – How it works





Lessons of swimming techniques



Teaching life saving techniques



Physical Training



First Aid in water related emergencies



Giving instructions before practical



Boat riding practical





Entertainment Sessions (Camp Fire)



Water Jet riding training sessions



We pay our sincere gratitude to Hon. National President, Director General, Deputy Director General, Assistant Program Manager - DM and Head of Cooperation - ICRC for the guidance and support rendered upon our success of this training.

- Contact information -

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